

Gymnastics Schedule Spring Term 2026

April 11th to June 28th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Tiny Tots (Adult assisted) 10:30-11:15	Venue Hire From 7:00AM Private lessons from 2pm	Venue Hire From 7:00AM (POA) Private lessons from 2pm	Venue Hire From 7:00AM (POA) Private lessons from 2pm	Private lessons from 12pm	Tiny Tots 2 years (Adult assisted) 9:00-9:45AM	Tiny Tots 2 years (Adult assisted) 9:00-9:45AM
Gym Tots 10:30-11:15					Tiny Tots 3 years (Adult assisted) 9:45-10:30AM	Gym Tots 9:45-10:30AM
Venue Hire From 10:30AM (POA)					Gym Tots 10:30-11:15AM	Junior recreational 10:30-11:30PM
Tiny Tots (Adult assisted) 2:00-2:45PM					Junior Recreational 11:15-12:15PM	Intermediate Recreational 11:30-12:30PM
Gym Tots 3:00-3:45PM	Junior Recreational 3:00-4:00PM	Tiny Tots (Adult assisted) 3:00-3:45PM	GymTots 2:00-2:45PM	Gym Tots 2:45-3:30PM	Senior Recreational 12:15-1:15PM	Birthday Parties Enquire for times Private Lessons *By appointment*
Intermediate Recreational 3:00-4:00PM	Intermediate Recreational 3:00-4:00PM	Gym Tots 3:00-3:45PM	Junior Recreational 3:00-4:00PM	Int Adv - Level 2 - Level 3 Pre Advanced Tumbling 3:00-4:15PM	Intermediate Recreational Advanced (Invitational) 12:15-1:30 PM	
Junior Recreational 3:45-4:45PM	Level 2 Competitive Team 3:00-4:15PM	Junior Recreational 3:00-4:00PM	Intermediate Recreational 3:00-4:00PM	Junior Recreational 3:30-4:30PM	Junior Recreational 1:15-2:15PM	
Intermediate Recreational 4:45-5:45PM	Intermediate Recreational 4:00-5:00PM	Level 2 Competitive Team 3:45-5:00PM	Junior Recreational 4:00-5:00PM	Level 5 Competitive Team 4:15 -6:30PM	Intermediate Recreational 1:15-2:15PM	
Intermediate Recreational Advanced (Invitational) 5:00-6:00PM	Level 4 Competitive Team 4:00-6:15PM	Level 3 Competitive Team 4:00-6:15PM	Intermediate Recreational 5:00-6:00PM	Level 6 Competitive Team 4:15 -6:30PM	Birthday Parties 1:30-3:15PM	
Junior Recreational 6:00-7:00PM	Level 6 Competitive Team 5:00-8:00PM	Level 4 Competitive Team 5:45-8:00PM	Senior Recreational 5:00-6:00PM	Birthday Parties 6:30-8:30PM Freeplay & Games Night (Inquire for dates)	Level 3 Competitive Team 2:30-4:30PM	
Level 5 Competitive Team 5:45-8:00PM	Level 3 Competitive Team 6:00-8:00PM	Level 5 Competitive Team 5:45-8:00PM	Intermediate Recreational Advanced (Invitational) 5:00-6:00PM		Level 4 Competitive Team 2:30-4:30PM	
Level 6 & Optionals Competitive Team 5:45-8:00PM	Floor & Tumbling Intensive 5:00-6:00PM	Venue Hire From 8:00PM (POA)	Level 4 Competitive Team 5:30-7:45PM		Level 5 Competitive Team 2:30-4:30PM	
Venue Hire From 8:00PM (POA)	Venue Hire From 8:00PM (POA)		Level 6 Competitive Team 5:30-7:45PM		Junior Recreational 4:30-5:30PM	
			Venue Hire From 8:00PM (POA)		Int Adv - Level 2 - Level 3 Pre Advanced Tumbling 4:30-5:45PM	
					Advanced Tumbling 4:30-6:00PM	

PRIVATE, SEMI-PRIVATE, SMALL GROUP LESSONS AVAILABLE BY APPOINTMENT

Ages List	Tiny Tots (Adult Assisted) 2-3 years old	Gym Tots 4-5 years old	Junior Recreational 5-7 years old	Intermediate Recreational 8-10 years old	Senior Recreational 11 years old+
	**All other classes are by invitation only.				

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Class	Duration	Fee	Trial Fee
Tiny Tots	45mins	\$290 each by term	Trial \$320
Gym Tots	45mins	\$290 each by term	Trial \$320
Junior Recreational	1 hour	\$315 each by term	Trial \$345
Intermediate Recreational	1 hour	\$315 each by term	Trial \$345
Senior Recreational	1 hour	\$315 each by term	Trial \$345
Intermediate Recreational Advanced	1 hour	\$315 each by term	/
Level 2 Competitive Team	1 hour 15 mins	\$360 each by term	/
Pre Advanced Tumbling	1 hour 15 mins	\$360 each by term	/
Level 3 Competitive Team	2 hours / 2 hours 15 mins	\$460 / \$490 each by term	/
Level 4 Competitive Team	2 hours / 2 hours 15 mins	\$460 / \$490 each by term	/
Level 5 Competitive Team	2 hours / 2 hours 15 mins	\$460 / \$490 each by term	/
Level 6 Competitive Team	2 hours 15 mins / 3 hours	\$490 / \$550 each by term	/
Advanced Tumbling	1 hour 30 mins	\$390 each by term	/

Gymnastics Schedule Spring Term 2026

April 11th to June 28th

Monday	13Apr, 20Apr, 27Apr, 4May, 11May, 18May, 25May, 1Jun, 8Jun, 15Jun, 22Jun	11 sessions
Tuesday	14Apr, 21Apr, 28Apr, 5May, 12May, 19May, 26May, 2Jun, 9Jun, 16Jun, 23Jun	11 sessions
Wednesday	15Apr, 22Apr, 29Apr, 6May, 13May, 20May, 27May, 3Jun, 10Jun, 17Jun, 24Jun	11 sessions
Thursday	16Apr, 23Apr, 30Apr, 7May, 14May, 21May, 28May, 4Jun, 11Jun, 18Jun, 25Jun	11 sessions
Friday	17Apr, 24Apr, 8May, 15May, 22May, 29May, 5Jun, 12Jun, 26Jun <i>No class on 1May due to Labour Day</i> <i>No class on 19Jun due to Tuen Ng Festival</i>	9 sessions
Saturday	11Apr, 18Apr, 25Apr, 2May, 9May, 16May, 23May, 30May, 6Jun, 13Jun, 20Jun, 27Jun	12 sessions
Sunday	12Apr, 26Apr, 3May, 10May, 17May, 31May, 7Jun, 14Jun, 28Jun <i>No class on 24May due to the Birthday of the Buddha</i> <i>No class on 19Apr, 21Jun due to competitions</i>	9 sessions