



Parkour Schedule Winter Term April 6th to June 30th, 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					Mini Parkour 9:00-10:00AM	Birthday Parties Enquire for times
					Junior Parkour 10:00-11:00AM	
					Intermediate Parkour 11:00-12:00PM	
					Intermediate Parkour 12:00-1:00PM	
			Mini Parkour 3:00-4:00PM		Senior Parkour 12:00-1:00PM	
		Junior Parkour 3:30-4:30PM	Junior Parkour 4:00-5:00PM	Birthday Parties 6:15-8:00PM Freeplay & Games Night (Inquire for dates)	Birthday Parties from 1:30PM onwards	
		Intermediate Parkour 4:30-5:30PM	Intermediate Parkour 5:00-6:00PM			
		Advanced Parkour 5:30-7:00PM				
		Intermediate Parkour 5:30-6:30PM	Venue Hire From 6:00PM (POA)	Venue Hire From 6:00PM (POA)	Venue Hire From 6:00PM (POA)	
		Senior Parkour 5:30-6:30PM				
		Venue Hire From 7:00PM (POA)				
Open Gym 6:30-8:30PM						

PRIVATE, SEMI-PRIVATE, SMALL GROUP LESSONS AVAILABLE BY APPOINTMENT

Ages List	Mini Parkour 5-6 Years Old	Junior Parkour 6-7 Years Old	Intermediate Parkour 8-10 Years Old	Senior Parkour 11-13 Years Old	Open Gym +16 Years old (or supervised by an adult) Please inquire for availability
	Advanced Parkour By invitation				