

Gymnastics Schedule Autumn Term 1

August 12th to December 15th, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
Tiny Tots (Adult assisted) 9:00-9:45AM	Venue Hire From 7:00AM (POA)	Venue Hire From 7:00AM (POA)	Tiny Tots (Adult assisted) 10:45-11:30AM	Venue Hire From 7:00AM (POA)	Tiny Tots 2 years (Adult assisted) 9:00-9:45AM	Tiny Tots 2 years (Adult assisted) 9:00-9:45AM		
Gym Tots 9:45-10:30AM			Venue Hire From 7:00AM (POA)		Venue Hire From 7:00AM (POA)	Tiny Tots 3 years (Adult assisted) 9:45-10:30AM	Gym Tots 9:45-10:30AM	
Venue Hire From 10:30AM (POA)			Tiny Tots (Adult assisted) 2:00-2:45PM		Gym Tots 2:15-3:00PM	Tiny Tots (Adult assisted) 2:00-2:45PM	Gym Tots 10:30-11:15AM	Junior Recreational 10:30-11:30AM
Tiny Tots (Adult assisted) 2:00-2:45PM					Junior Recreational 3:00-4:00PM		Junior Recreational 11:15-12:15PM	Pre Advanced Tumbling (Invitational) 11:30-12:45PM
Gym Tots 3:00-3:45PM					Intermediate Recreational 3:00-4:00PM		Intermediate Recreational 12:15-1:15PM	Birthday Parties Enquire for times Private Lessons *By appointment*
Intermediate Recreational 3:00-4:00PM	Junior Recreational 3:00-4:00PM	Gym Tots 3:00-3:45PM	Senior Recreational 12:15-1:15PM					
Junior Recreational 3:45-4:45PM	Pre Advanced Tumbling (Invitational) 3:00-4:15PM	Pre-Team 3:45-5:00PM	Senior Extension (Invitational) 12:15-1:30PM					
Junior Recreational Experienced (Invitational) 4:00-5:00PM	Intermediate Recreational 4:00-5:00PM	Level 4 Competitive Team 4:00-6:00PM	BOYS Senior Recreational 5:00-6:00PM	Pre Advanced Tumbling (Invitational) 3:30-4:45PM	Birthday Parties 1:30-3:15PM			
Intermediate Recreational 4:45-5:45PM	Level 4 Competitive Team 4:15-6:15PM	Level 3 Competitive Team 4:00-6:00PM	Senior Recreational 5:00-6:00PM	Level 5 Competitive Team 4:30-6:30PM	Level 3 Competitive Team 2:30-4:30PM			
Intermediate Excel (Invitational) 5:00-6:00PM	Level 3 Competitive Team 5:00-7:00PM	Level 4 Competitive Team 6:00-8:00PM	Additional Bar/ Kip Class Level 5+ 5:00-6:00PM	Level 6 Competitive Team 4:30-6:30PM	Level 4 Competitive Team 2:30-4:30PM			
Junior Recreational 6:00-7:00PM	Level 6 Competitive Team 5:00-8:00PM	Level 5 Competitive Team 6:00-8:00PM	Level 4 Competitive Team 6:00-8:00PM	Birthday Parties 6:15-8:00PM	Level 5 Competitive Team 2:30-4:30PM			
Level 7+ / Performance Team 5:30-8:00PM	Venue Hire From 7:00PM (POA)	Venue Hire From 7:00PM (POA)	Level 7+ / Performance Team 6:00-8:00PM	Freeplay & Games Night (Inquire for dates)	Advanced Tumbling 4:30-6:00PM			

PRIVATE, SEMI-PRIVATE, SMALL GROUP LESSONS AVAILABLE BY APPOINTMENT

Ages List	Tiny Tots (Adult Assisted) 2-3 years old	Gym Tots 4-5 years old	Junior Recreational 5-7 years old	Intermediate Recreational 8-10 years old	Senior Recreational 11 years old+
	**All other classes are by invitation only.				
	Advanced Tumbling 9 years old+				

FOR COMPETITIVE TEAM GYMNASTS, TO BE COMPETENT ON ALL APPARATUS IT IS HIGHLY RECOMMENDED TO ATTEND TWICE PER WEEK

PLEASE NOTE 10 % DISCOUNT APPLIES for SECOND AND ALL SUBSEQUENT CLASSES